



PENN STATE RUGBY
RUGBY TOUR TO SPAIN
29TH FEBRUARY - 7TH MARCH 2024
TOUR INFORMATION PACK

THE RUGBY
TOUR SPECIALISTS

THE TOUR ITINERARY

#	ONE	TWO	THREE	FOUR
DATE	Thursday 29th February 2024	Friday 1st March 2024	Saturday 2nd March 2024	Sunday 3rd March 2024
MORNING	~	Touchdown in Madrid at 08:45 ~ Collect Luggage & proceed through Immigration ~ Meet SHS Rep in Arrivals ~ Transfer to Accommodation for Check-In	Morning at leisure	Recovery Gym Session at CrossFit DB ~ Guided Stadium Tour of the Santiago Bernabeu Home of CF Real Madrid
AFTERNOON	Squad assemble at JFK Airport ~ Check-In ahead of American Airways Flight AA94 to Madrid	Time at leisure to relax & settle-in ~ Transfer to Campo de Rugby Puerta de Hierro ~ Training Session	Transfer to the National Stadium ~ Arrival & Warm-Up ~ CISNEROS RUGBY Vs PENN STATE ~ Third Half	Transfer to Estadio Metropolitano ~ Tickets to see ATLETICO DE MADRID Vs REAL BETIS La Liga
EVENING	Take-Off at 19:40 ~ Overnight in Transit	Return to Madrid ~ Depart on a Market Experience & Tapas Tour of Madrid	Visit Las Ventas Bullring ~ Team Dinner	Evening at leisure
DIGS	In Transit	Generator Madrid	Generator Madrid	Generator Madrid
MEAL PROVISION	In-Flight Dinner	In-Flight Breakfast ~ Tapas Dinner at Three Restaurants	Continental Breakfast ~ Buffet Dinner at Topolino Restaurant	Continental Breakfast

THE TOUR ITINERARY

#	FIVE	SIX	SEVEN	EIGHT
DATE	Monday 4th March 2024	Tuesday 5th March 2024	Wednesday 6th March 2024	Thursday 7th March 2024
MORNING	Check-Out of the Accommodation ~ Transfer to Madrid Atocha Train Station ~ Fast AVE Train to Barcelona	Recovery Gym Session at Fitness Park	Morning at leisure	Check-Out of the Accommodation ~ Transfer to Barcelona Airport ~ Check-In ahead of American Airways Flight AA67 to JFK ~ Take-Off at 10:40
AFTERNOON	Arrival at Barcelona Sants Station ~ Transfer to Accommodation for Check-In ~ Afternoon at leisure to relax & settle in	Afternoon at leisure for sightseeing	Depart on a Catamaran Cruise of the Barcelona Coastline	Touchdown at 13:35 ~ End of Tour
EVENING	Transfer to a Sant Cugat Rugby ~ Arrival & Warm-Up ~ CR SANT CUGAT Vs PENN STATE ~ Third Half	Transfer to a Sant Cugat Rugby ~ Opportunity to Coach Local Children at CR Sant Cugat	End of Tour Team Dinner	~
DIGS	Generator Barcelona	Generator Barcelona	Generator Barcelona	~
MEAL PROVISION	Continental Breakfast ~ Post Match Dinner	Continental Breakfast ~ Dinner at CocoVail Beer Hall	Continental Breakfast ~ Snacks & Drinks on the Catamaran ~ Dinner at Xiroi	Continental Breakfast